

JUNE, 2026



**icf**  
Lebanon  
Charter Chapter

THE LEBANON CHAPTER

# NEWSLETTER

## FROM RESILIENCE TO AGILITY: THE LEBANESE WAY

Living in Lebanon has taught us that resilience is more than enduring crises. Too often, resilience is romanticized as the ability to absorb endless uncertainty while carrying on unchanged. Yet our reality tells a deeper story. Lebanese people do not only survive difficult times; we adapt, improvise, and move forward with remarkable agility.

Agility reminds us that change is not only something to withstand, it is something to navigate with awareness and purpose. In organizations, this means encouraging lifelong learning, creating safe spaces for experimentation, and cultivating trust and openness. It requires support systems for well-being, scenario planning, and empowering agile decision-making. Work-life balance, mindfulness, and collaboration across diverse networks strengthen both resilience and creativity.

Perhaps our greatest strength lies not only in resilience, but in our ability to transform adversity into agility, turning challenge into innovation, connection, and hope.

With gratitude for the spirit of our community and the unwavering belief that growth begins with adaptability.

**Faten Choufani, ACC**  
The Lebanon Chapter Treasurer



**We won  
AGAIN!**



### 2025 Chapter Recognition Award

The International Coaching Federation (ICF)  
proudly presents this certificate to

**The Lebanon Chapter of ICF**

to recognize them as a high-performing chapter.

**icf** International  
Coaching  
Federation

**To Watch the Award  
Video**



**SCAN ME**

*Read More on our website*





# Chapter Updates

## Your New ICF Badges



In alignment with ICF Global's updated branding, we invite you to refresh your communications with the new membership and credentialing digital badges! These updated designs are a wonderful way to proudly showcase your dedication and expertise. You can easily download your badges through your global profile, and for your convenience, we have also shared them directly in our official WhatsApp group.

## Your New Member Kit

This is a comprehensive guide carefully curated to support your journey. It brings together all the invaluable resources, and membership benefits available to you at both the local and global levels. Whether you are looking to maximize your chapter advantages or tap into global networks, this kit is your go-to companion. We have shared the updated document directly in our official WhatsApp group for easy access. Dive in, explore your benefits!

## Your New Partnerships Director

My name is Joëlle Chaaya, and I am a Leadership and Career Development Coach (ACC). I am honored to serve on the Board of the ICF Lebanon Chapter as Director of Partnerships. Being part of a community that is committed to advancing the coaching profession while creating meaningful impact in Lebanon is both inspiring and deeply rewarding. As I lead the Partnerships Committee, I look forward to building bridges with organizations, institutions, and communities that share our values and vision. For me, partnerships are about more than collaboration, they are about creating opportunities for growth, learning, and positive change. Serving on the Board is a privilege that allows me to contribute to a profession I am passionate about while working alongside dedicated leaders who generously give their time and expertise to strengthen our coaching community. I am excited about the journey ahead and the relationships we will cultivate to expand the reach and impact of coaching across Lebanon.

**Joëlle Chaaya, ACC**  
The Lebanon Chapter Director of Partnerships



*Read More on our website*



## Global Updates

Our hearts are bursting with enthusiasm as we celebrate our chapter's incredible presence at the ICF Converge Summit in Paris (May 17- 19)! The Lebanon Chapter stood out brilliantly as the only MENA chapter represented so richly, with a vibrant delegation of board and chapter members turning heads and making waves. A massive congratulations to our Board Member and Director of Marketing, Joe Chahwan, ACC, who delivered what became the most popular session of the summit, sharing profound insights on coaching Gen-Z! From facilitating high-impact daily roundtable discussions to forging extraordinary global connections, our delegation truly embodied the talent, leadership, and radiant spirit of Lebanon!



[Read More on our website](#)



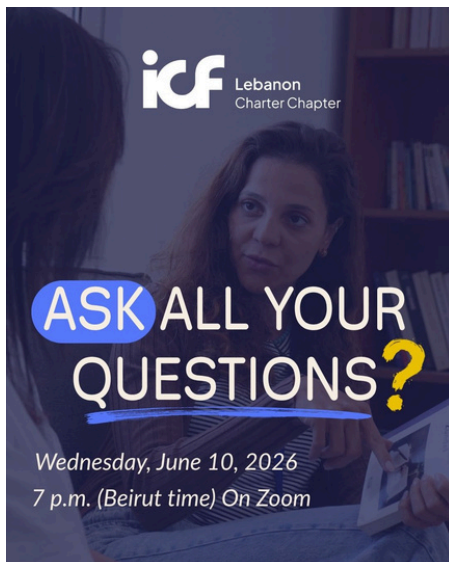
# Welcoming Newcomers and Celebrating Achievers!

## New Members

We extend a warm welcome to all our new members joining ICF Lebanon Chapter! We are thrilled to have you as part of our community, where growth, connection, and inspiration await. Welcome aboard!

- Pauline Sawaya- *Executive Transformation Coach, PCC*
- Tatiana Hokayem- *Purpose and Meaning Coach*
- Tony Feghali- *Business Coach*
- Layal Abou Ghanem- *Executive and Leadership Coach*
- Anne-Marie Chebli- *Women Empowerment and Happiness Coach*
- Tamara El Sabbagh- *Youth Coach*
- Iman Dagher- *Transition and Call Coach*
- Batoul Saleh- *Transcendence and Relationship Coach*
- Rania Mezraani- *Mindset Coach, ACC*

## Q&As



Whether you are a brand-new member, thinking of joining us or have been with us for years, we warmly invite you to join us for an interactive Q&A session on June 10 at 7:00 PM Beirut time via Zoom! This is a wonderful opportunity to connect, ask questions about your membership benefits and resources, get clarity on the credentialing process, or discover how you can get involved in our upcoming chapter initiatives —we can't wait to see you there!

"The privilege of a lifetime is to become who you truly are."

Carl Jung

Coaching helps you discover and step into your authentic self.

## New Credentials

We also want to take a moment to celebrate our dedicated coaches who have recently earned their credentials. Your hard work and commitment to excellence inspire us all and strengthen our community!

- Micheline Maalouly- *Leadership and Executive Coach, ACC*
- Suzy Atchabahian- *Personal and Professional Growth Coach, ACC*
- Suzanne Abbas- *Relationships Coach, PCC*
- Hasmik Daniel- *Leadership and Executive Coach, MCC*

[Read More on our website](#)



# International Coaching Week 2026




**ICW 2026: AT A GLANCE**

**APRIL 25, 2026 – WELLBEING AND COACHING DAY WITH ALPPI NGO**  
**Standing Strong Together: Wellness & Hope Through Coaching.**  
 Time: 10:00 AM – 1:00 PM  
 Location: Barbara Nassar Cancer Center, Achrafieh

**MAY 10, 2026 – MENA PRESIDENTS INTERACTIVE PANEL**  
**Grounded and Connected: The Mena Coaching Community.**  
 Time: 7:00 PM (Beirut Time) On Zoom  
 Duration: 90 Minutes

**MAY 12, 2026 – IMPACT SESSION**  
**ICF Foundation: Real Voices, Real Impact: Coaching in the NGO Space.**  
 Time: 5:00 PM (Beirut Time) On Zoom

**MAY 12, 2026 – IMMERSIVE PANEL**  
**From Turbulence To Agility: Leading In Uncertain Times.**  
 Time: 6:30 PM (Beirut Time) On Zoom

As we look back on International Coaching Week (ICW 2026), our hearts are filled with immense pride and gratitude. Despite the ongoing war and uncertainty, our community showed up brilliantly to deliver awareness, connection, and impact when it was needed most. Together, with the heartfelt investment of our incredible coaches, we welcomed over 300 participants across four extraordinary events:

- **Standing Strong Together: Wellness and Hope Through Coaching:** A deeply moving day in collaboration with ALPPI NGO and several vital organizations supporting communities bravely battling cancer and primary immunodeficiencies.
- **From Turbulence to Agility: Leading in Uncertain Times Panel:** An immersive, high-impact session featuring six extraordinary leaders and front-liners who shared profound insights and dived into a unique coaching experience led by our coaches.
- **Grounded and Connected: The Mena Coaching Community:** An interactive regional Panel of MENA chapters, exploring how to remain anchored during turbulent times.
- **ICF Foundation: Real Voices, Real Impact: Coaching in the NGO space Webinar:** A powerful global showcase highlighting our deeply meaningful, ongoing partnership with Oum El Nour NGO and the transformative impact of coaching on their dedicated team and residents.

Adding to our collective joy, ICF Global officially recognized our efforts with a special certificate of appreciation, a beautiful testament to the strength and dedication of our chapter.

Thank you to every coach who gave so generously of their time and talent. You have truly demonstrated the unifying, and transformative power of coaching in Lebanon.



# International Coaching Week 2026



**ICW International Coaching Week** **ICF Foundation: Real Voices, Real Impact: Coaching in the NGO Space**

Join us during International Coaching Week to experience the ICF Foundation's flagship program "Ignite"

Hear real stories of how coaching is creating meaningful change in the NGO space.

ICF - PCC | Leadership Coach  
ICF Foundation Council of Ambassador - Asia-Pacific Region

ICF - PCC | Systemic Team Coach  
ICF Foundation Council of Ambassador - MENA Region

- Featuring real voices from Ignite projects – clients and coaches sharing their experiences
- Experience how coaching creates awareness, clarity, and impact in real-world settings.

Date: 12 May 2026  
Time: 6:00 PM GST / 5:00 PM Lebanon / 10:00 PM Korea  
Location: Online

Join us for an engaging conversation on coaching and social impact.



1  Grounded & Decision Making – Decision making when the future is unclear	5  Grounded & Resilience – Recovering after setbacks (personal & collective)
2  Grounded & Your Career – Transitions, purpose, and professional identity	6  Grounded & Community – Building peer support that actually works
3  Grounded & Emotions – Self-regulation for coaches and clients	7  Grounded at Scale – Embedding coaching in organisations & national programs
4  Grounded & Advocacy – Speaking up for coaching in tough environments	8  Grounded & Sustainable Coaching – Staying Wellficient under Pressure

**Grounded & Connected: The MENA Coaching Community**

ICF Bahrain Chapter	ICF Jordan Chapter	ICF Lebanon Chapter	ICF Tunisia Chapter	ICF Egypt Chapter	ICF Oman Chapter	ICF Kuwait Chapter	ICF Doha Chapter	ICF Saudi Arabia Chapter





# International Coaching Week 2026



## Standing Strong Together



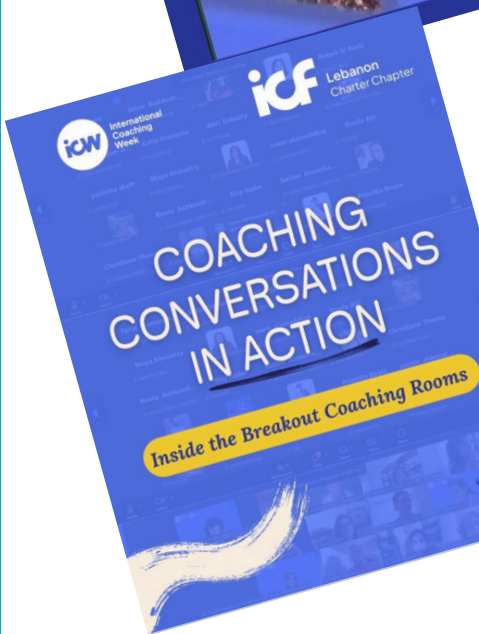
A powerful collaboration with ALPINGO bringing wellness and hope through coaching.



Read More on our website



# International Coaching Week 2026



International Coaching Week **icf** Lebanon Charter Chapter

## FROM TURBULENCE TO AGILITY: LEADING IN UNCERTAIN TIMES

*An immersive panel. A shared reflection through coaching.*

**Pr. Georges Dabar**  
St. Joseph Medical School  
Medical Director-Hotel Dieu de France Hospital

**Mia Atoui**  
Co-founder & President  
Embrace NGO

**Dr. Shawky Amine Eddine**  
Humanitarian Leader  
International Committee of the Red Cross

**Yasha Sfeir Kassardjian**  
Primary Cycle Director  
College Mekart

**Tarek Alameddine**  
Executive Chief & Partner  
Beihouse & Bucco Beirut

**Michèle Chammas Garzouzi**  
Chief Innovation Officer & Executive  
Board Member - MEDCO Holding

May 12, 2026  
6:30 PM (Beirut Time) on Zoom



## Our Latest Events

Because We Are All In This Together...

In times of heavy hearts and ongoing uncertainty, our truest strength lies in our togetherness. To support our community through the turbulence of war, our chapter has intentionally created safe, online support circles—sacred spaces where we can simply gather, feel each other’s presence, and open up without judgment. Holding space for one another’s vulnerability has been a profoundly healing anchor, reminding us that no one has to carry this weight alone. Among these vital initiatives, we were deeply moved to co-create a powerful regional support circle in collaboration with seven other MENA chapters whose communities are also navigating their own profound turbulence. Coming together across borders under one shared heartbeat allowed us to draw collective strength and comfort from our global coaching family.

*Thank you to everyone who has shown up, leaned in, and held the light for one another during these challenging times.*



**ONE MENA ONE HEART**  
A Collective Support Circle

مينا  
قلب واحد

Date: Monday March 16, 2026  
Time: 8:00 PM (Beirut time)  
Format: Zoom

[www.icflebanon.org](http://www.icflebanon.org)




**Because Connection  
Fuels Resilience**

Join the circle. We are all in this together.

Wednesday March 11 at 7:30 PM (Beirut time)  
with Nadine Zeinoun, MCC  
Via Zoom



## Our Latest Events



icf Lebanon Charter Chapter

**WITNESSING EACH OTHER**  
IN TIMES OF WAR  
A Community Event

Speaker:  
**Marc Padberg**  
Founder of Deep Dialogues

Date: April 27, 2026  
Time: 6:00 PM (Beirut time)  
Format: Zoom

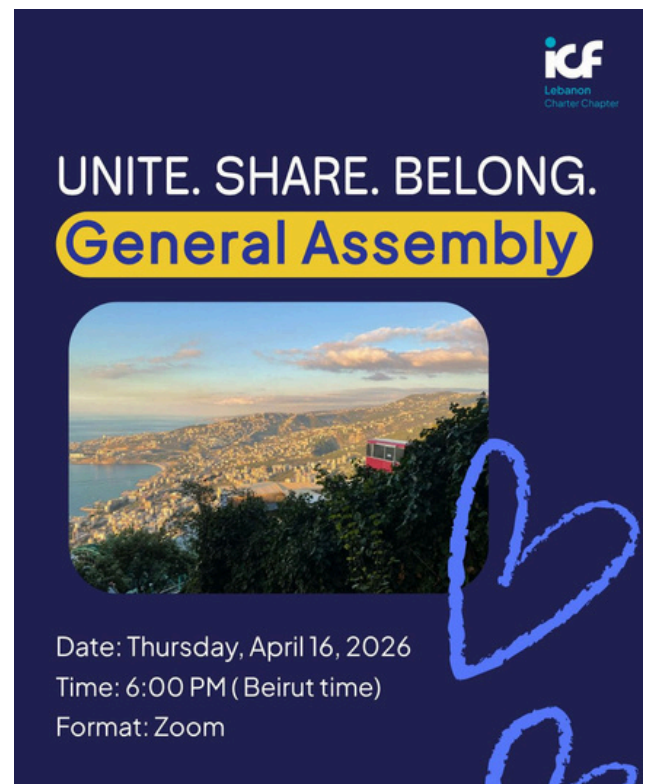
As we navigate the deep challenges and weight of the recent war, our chapter came together for a gentle, safe space to help us process everything that was present for each of us. Facilitated by Marc Padberg—a trauma-informed conflict engagement expert, founder of Deep Dialogues, and co-founder of Aberkyn (McKinsey's leadership transformation arm) and Bridges to New Horizons—this session served as a true sanctuary to connect in our shared humanity. Marc beautifully guided us through essential self-regulation and co-regulation practices that allowed us to expand our capacity to hold those heavy experiences.

*Thank you to everyone who joined, came as they were, and allowed themselves to be witnessed by our coaching community.*

While the heavy circumstances around us meant we had to gather virtually for our General Assembly, the distance only highlighted the incredible strength of our bond. It was a meaningful evening where we truly connected from the heart, shared our latest Chapter news and updates, and intentionally infused the space with warmth and much-needed lightness. Even through a screen, your radiant energy and presence reminded us of the beautiful community we are building together.

### Satisfaction Survey

Your voice is the heartbeat of our chapter! To help us continue serving, supporting, and growing with you in the best way possible, we warmly invite you to take a few brief moments to complete our Member Satisfaction Survey. Your honest feedback, ideas, and insights are incredibly valuable as we shape the future of our upcoming initiatives together.

icf Lebanon Charter Chapter

**UNITE. SHARE. BELONG.**  
**General Assembly**

Date: Thursday, April 16, 2026  
Time: 6:00 PM (Beirut time)  
Format: Zoom

[Read More on our website](#)



## Our Latest Partnerships

### Blind With Vision NGO

#### BLIND w:th V:SION

Blind With Vision is a Lebanon-based NGO, active since 2017, empowering visually impaired athletes through endurance challenges, using sport to build confidence, independence, and inclusion.

##### PROVEN IMPACT

- 1<sup>st</sup> visually impaired Lebanese man to complete a marathon in Lebanon and Rome.
- 1<sup>st</sup> visually impaired Lebanese man to complete a triathlon.
- 1<sup>st</sup> visually impaired Lebanese woman to complete a marathon.
- Leading a team of visually impaired runners competing in major endurance events and races across the country.



We are thrilled to announce our newest partnership with Blind with Vision, an incredible Lebanese non-profit dedicated to proving that visual impairment is never a limitation! This pioneering organization has already achieved breathtaking milestones, including supporting the first visually impaired Lebanese man and woman to conquer full marathons and triathlons. By redesigning athletic systems to be truly inclusive and driving deep societal change through advocacy, they embody the exact spirit of limitlessness that we champion in coaching. So please stay tuned for upcoming coaching opportunities and creative collaborations where we can use our collective skills to help their community thrive!

Our hearts are full as the second part of our deeply meaningful collaboration with Oum El Nour NGO is officially launched and well underway! Our dedicated coaches will walk alongside the incredible staff of this amazing organization supporting them as they do the vital, life-changing work of rehabilitation from addiction. We kicked off this next chapter with a high-energy onboarding day where we had the opportunity to mingle with their community, raise awareness about the true power of coaching, and answer all of their thoughtful questions. The synergy and shared purpose in the room were powerful, and we are so excited to see the transformative impact this partnership will continue to bring to both of our organizations!

### Oum El Nour Collaboration- Part 2



## Educational Corner

Upcoming Mena Rising Panel:  
*"Sharpen Your Edge: Advanced Coaching Skills for a Changing Market"*  
 June 24

### "Sharpen Your Edge: Advanced Coaching Skills for a Changing Market"

We are thrilled to announce the next edition of our highly successful, ongoing regional initiative—the MENA Rising Panel #4! This upcoming session is proudly hosted by our colleagues at the ICF Oman Chapter and is designed to help you stay ahead in today's fast-paced environment. This forward-focused, 90-minute panel discussion will explore how to recognize emerging client needs, fine-tune your approach, and navigate uncertainty with deep agility. This is a must-attend event for coaches looking to thrive in complex landscapes.

**Mark Your Calendars:** 📅 Date: Wednesday, June 24, 2026 🕒 Time: 7:00 PM (Beirut Time) 📍 Format: Zoom  
*Secure your spot today by scanning the QR code below!*




Join Us  
**THE POWER SHIFT**  
 SELF-LEADERSHIP DURING  
 UNCERTAIN TIMES

Speaker: **Taline Yessayan, PCC**

Date: Monday April 20  
 Time: 07:00 PM Beirut Time

Format: Zoom  
 Duration: 90 minutes

We hosted an interactive and highly practical webinar based on the groundbreaking book, *The Power Shift* of our very own member, Taline Yessayan. During this insightful session, Taline beautifully brought her work to life, exploring how coaches can act as anchors to elevate those they serve, especially in times when clients experience a gap between who they were and who they are becoming. We learned to identify the signs of "Power Drift," understand the four stages of identity transition, and clearly distinguish client resistance from true identity transformation. Thank you, Taline, for sharing your structured approach to supporting client alignment and growth with us!

